

# OUR SCHOOLS

## CALIFORNIA

Cheder Menachem • Tashbar Sephardic Hebrew Academy • Yeshiva Aharon Yaakov - Ohr Eliyahu • Yeshiva Rav Isaacsohn/Toras Emes Academy

## COLORADO

Hillel Academy

## CONNECTICUT

Bais Yaakov of Waterbury • Yeshiva Ketana of Waterbury

## GEORGIA

Torah Day School of Atlanta

## ILLINOIS

Yeshiva Meor HaTorah • Yeshiva Tiferes Tzvi

## INDIANA

South Bend Hebrew Day School

## MARYLAND

Yeshiva Chofetz Chaim Talmudical Academy

## MASSACHUSETTS

Yeshiva Ohr Yisrael

## MINNESOTA

Bais Yaakov of Minneapolis • Torah Academy

## MISSOURI

Torah Prep School

## NEW YORK

Bais Rochel • Bais Ruchel-Satmar • Bais Yaakov Adas Yereim- Vien • Bais Yaakov of Boro Park • Bais Yaakov of Ramapo • Be'er Hagolah Institute • Beit Yaakov Orot Sarah HS • Beth Rifkah • Bnos Bais Yaakov • Bnos Bobo - 45 • Bnos Yisroel • Bnos Yisroel Viznitz Elementary

Bnot Rachel HS • BYA • Cong. Beer Yaakov Talmudic Seminary • Gan Yisroel • Lev Bais Yaakov • Masores Bais Yaakov • Mekor Haim/Ave J Torah Center • Mesivta Ohr Yisroel • Mirrer Yeshiva Ketana • Prospect Park Yeshiva Shaare Torah Girls HS • Talmud Torah Mevakshei Hashem • Talmud Torah Ohel Yochanon Rachmastrivka • Talmud Torah Ohr Moshe • The Cheder • Toldos Yaakov Yosef - Skver • Torah Academy for Girls • Toras Emes Kaminetz • Yeshiva Tifereth Moshe • Yeshiva Avir Yaakov • Yeshiva Bais Hachinuch • Yeshiva Bais Hillel- Krasna • Yeshiva Chaim Berlin • Yeshiva Darchei Torah • Yeshiva Ketana of Queens • Yeshiva Spring Valley - Boys • Yeshiva Spring Valley - Girls • Yeshiva Torah Vodaath • Yeshivah Yesodei Hatorah • Adas Yereim Vien • Yeshivat Darche Eres • Yeshivat Lev Torah • Yeshivat Mekor Haim • Yeshivat Ohr Haiim • Yeshivat Shaare Torah • Yeshivat Shaare Torah HS • Yeshivat Sha'rei Tzion

## NEW JERSEY

Bais Yaakov Machon Ora • Beis Medrash Toras Chesed Foxman Torah Institute • Lakewood Cheder • Mesivta Gaon Yaakov • Mesivta of North Jersey • Talmud Torah Zecher Yochanan • YBH of Passaic • Yehiva Toras Emes Yeshiva Ketana of Passaic • Yeshiva Masores Avos • Yeshiva Meor Dovid • Yeshiva Ohr Yehuda • Yeshiva Orchos Chaim • Yeshiva Shaages Aryeh • Yeshiva Shaare Tzion • Yeshiva Toras Aron • Yeshiva Yagdil Torah

## OHIO

Hebrew Academy of Cleveland • Kollel Nachlas Yaacov

## PENNSYLVANIA

Caskey Torah Academy • Hillel Academy of Pittsburgh • Mesivta Yesodei Yisroel • Politz Hebrew Academy

## RHODE ISLAND

Providence Hebrew Day School

## TORONTO

Bais Yaakov Elementary School • Eitz Chaim Schools • Joe Dweck - Ohr HaEmet Sephardic School • Tiferes Bais Yaakov HS • Toronto Cheder • Yeshiva Yesodei Hatorah

## ENGLAND

Beth Jacob Grammar School

# TORAH UMESORAH'S MASHGIACH & MECHANECHES TRAINING PROGRAM

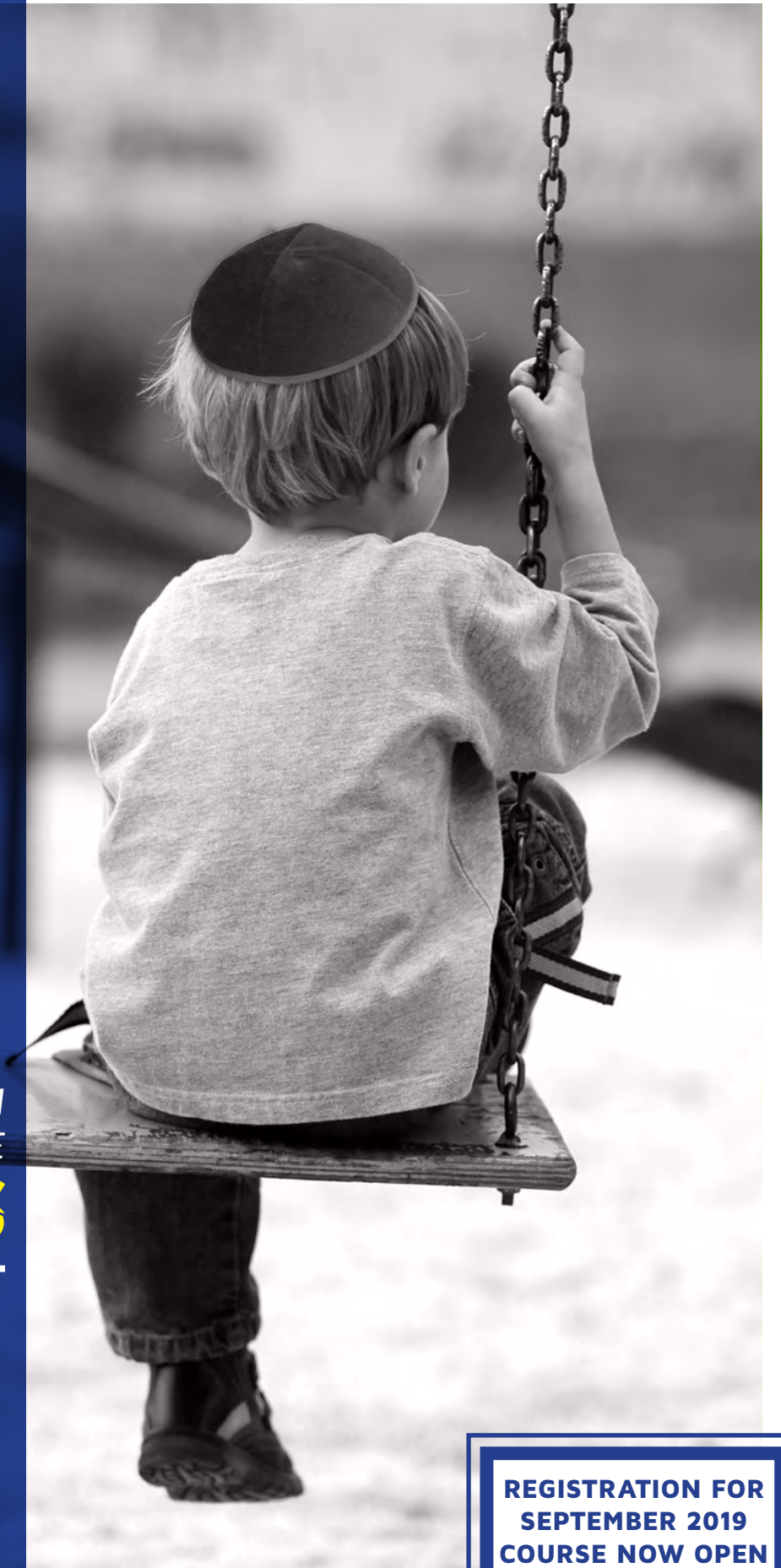
PREVENTING OUR KIDS FROM  
FALLING THROUGH THE  
**CRACKS**



נפש חיה NEFESH CHAYA

TORAH UMESORAH MASHGIACH & MECHANECHES TRAINING PROGRAM

לעילוי נשמת חיה זיסל עלקא דינא ע"ה



REGISTRATION FOR  
SEPTEMBER 2019  
COURSE NOW OPEN



## THE TORAH UMESORAH NEFESH CHAYA MASHGIACH & MECHANECHES TRAINING PROGRAM

### OUR MISSION

**M**UCH HAS BEEN SAID about students who “fall through the cracks”: students whose emotional issues, anxiety, or home dysfunction remain unaddressed throughout their years in school. Regretfully, too many of our children are suffering – and our schools desperately need a trained eye to spot these students. Furthermore, the devotion of a teacher is oftentimes insufficient to properly address these issues: educators must be equipped with professional knowledge and skills in the areas of mental health and emotional development.

THE TORAH UMESORAH NEFESH CHAYA MASHGIACH & MECHANECHES TRAINING PROGRAM was developed to provide our schools with professionally trained personnel to help address the needs of students experiencing academic, behavioral or social difficulties. The training includes twenty five intense courses with mental health professionals and veteran educators to equip these teachers with vital tools to recognize and address students’ needs. There is a strong emphasis on facilitating communication between the principal, teachers and parents to best position the student for success. With Torah Umesorah’s training and placement of trained personnel in tens of schools, we will be offering support to children who display early signs of challenges that can be addressed before they become larger issues.

**REMOTE LEARNERS WELCOME:** We have now offer a remote learning option for our courses. Torah Umesorah’s goal is to effectively reach as many students as possible through our trained Mashgichim and Mechanchos.

Please note: There are a few sessions (max of 5) that will have a mandatory in-person attendance at our Brooklyn, NY Headquarters. (Dates will be shared with enough advance notice for appropriate travel arrangements to be made) There are also 2 full days of classes held in conjunction with the Annual TU Convention.

## THE CURRICULUM

**T**HE TRAINING PROGRAM, under the direction of Rabbi Dovid Morgenstern, is a two year program. In Year One, participants gain an understanding of: human development, common childhood psychopathology, academic, social and emotional issues, as they relate to a student in a school setting. They also learn: to whom to refer individuals for specialized care when appropriate; facilitate communication between the child, teacher, school administration and parents; serve as resource to all school staff members in regard to basic mental health issues. Participants are awarded a 'Certificate of Completion' upon finishing the classes during Year One.

In Year Two, they participate in a supervised practicum. The supervision consists of regular consultation and monitoring with an assigned mental health professional that serves as supervisor to help the Mashgiach or Mechaneches better understand and serve student needs.

The curriculum covers:

- Foundations of Counseling
- The Helping Relationship
- Human Development
- Trauma, Crisis, and Relief
- Mental Health Issues
- Professional & Ethical Practice
- Resiliency & Grit
- Bereavement
- Technology
- Psychopathology
- Consultation and Supervision
- Learning Differences

Certain topics such as “Kedushas Am Yisrael”, “The Role of the Mashgiach in Our Schools” are delivered by Rabbonim and Veteran Mechanchim.

## THE FACULTY

Rabbi Dovid Morgenstern, Director

The courses are taught by doctorate level instructors.

The core faculty consists of:

- Dr. Aviva Biberfeld, Ph.D.
- Dr. Noman Blumenthal, Ph.D.
- Rabbi Dr. Zev Brown, Ph.D.
- Rabbi Shmuel Mandelman, Ph.D.
- Rabbi Dr. Chaim Neuhoff, Ph.D.
- Dr. David Pelcovitz
- Dr. Shlomo Zimmerman



**נפש חיה NEFESH CHAYA**

TORAH UMESORAH MASHGIACH & MECHANECHES TRAINING PROGRAM

לעילוי נשמת חיה זיסל עלקא דיוסש ע"ה

## CONDITIONS FOR ENROLLMENT:

1. Individual must be nominated by Principal of a school, [preferably the one he/she is currently teaching in.]
2. The School must commit to hiring this individual in the official capacity of Mashgiach/Mechaneches (minimum of one hour per day).
3. The school administrator must approve the application and sign off on the school's commitment to the fee.
4. Individual must submit letter of recommendation from the principal with application.
5. The school is responsible for payment of the course fee of \$1,000.00 (USD). A registration fee of \$200 is to be paid upon acceptance to the course, with the remainder to be paid in full by December 31<sup>st</sup>.
6. Training is dependent on attendance of classes. The training includes the attendance at all sessions in Year I and 13 Supervision sessions in Year II.
7. Remote Learning (via ZOOM) will be available for those outside the NY/NJ tristate area, but the Mashgiach or Mechaneches must attend up to TWO live, in-person classes at the Torah Umesorah Headquarters in Brooklyn, throughout the course schedule and two days held in conjunction with the Annual Torah Umesorah Convention in May (held at Kalahari Resort in Pocono Manor, PA). There is no fee for the two days attached to the convention, however, for the remainder of the Convention itself, regular rates will apply.



## NEFESH CHAYA נפש חיה

TORAH UMESORAH MASHGIACH & MECHANECHES TRAINING PROGRAM

לעילוי נשמת חיה זיסל עליקא דיוטש ע"ה

### SCHOOL COMMITMENT FORM 2019 - 2020

#### ADMINISTRATOR/ PRINCIPAL INFORMATION: *(please print)*

\_\_\_\_\_  
Title First Name Last Name  
(\_\_\_\_\_) \_\_\_\_\_ Do you receive text? \_\_\_yes \_\_\_no  
Cell

\_\_\_\_\_  
Personal Email Address *(Almost all communication from our office will be via email.)*

\_\_\_\_\_  
Work Email Address *(Almost all communication from our office will be via email.)*

#### SCHOOL INFORMATION: *(please print)*

\_\_\_\_\_  
Name of School

\_\_\_\_\_  
School Address City State Zip

(\_\_\_\_\_) \_\_\_\_\_  
School Phone & Your Extension # School Email

[ ] The school agrees to pay the course fee of \$1,000 (USD) and \$200 registration fee for the Mashgiach/ Mechaneches to attend training sessions.

[ ] The training includes the attendance at all sessions in Year I and 13 Supervision sessions in Year II.

[ ] The school agrees to hire the trainee in the official capacity of Mashgiach/Mechaneches.

[ ] I understand, as principal, that although I am permitted to attend most training sessions, I may not record any portion of any session.

Administrator/Principal Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_





## Registration Form- 2019-2020 Semester – Men’s Application

**PERSONAL INFORMATION:** *(please print)*

Rabbi \_\_\_\_\_  
First Name Last Name

\_\_\_\_\_  
 Home Address City State Zip  
 (\_\_\_\_\_) \_\_\_\_\_  
 Home Phone Cell Phone

\_\_\_\_\_  
 Personal Email Address *(Almost all communication from our office will be via email.)*

\_\_\_\_\_  
 Work Email Address *(Almost all communication from our office will be via email.)*

Do you get text messages on your cellphone?  Yes  No  
 Do you have access to internet (for possible online learning/ surveys, etc.)?  Yes  No

**SCHOOL/ JOB INFORMATION:** *(please print)*

\_\_\_\_\_  
 Name of School

\_\_\_\_\_  
 School Address City State Zip  
 (\_\_\_\_\_) \_\_\_\_\_  
 School Phone & Your Extension #

\_\_\_\_\_  
 Principal First Name Last Name  
 (\_\_\_\_\_) \_\_\_\_\_  
 Principal Phone & Extension # Principal Cell

\_\_\_\_\_  
 Title and Description of Position Years in this position: \_\_\_\_\_

[ ] Upon acceptance to the program, the school will pay the \$200 registration fee and pay the remainder of the \$1,000 USD course fee by December 31<sup>st</sup> along with a signed contract confirming my employment in the position of Mashgiach.

[ ] Enclosed is the Principal’s letter of recommendation.

Please return completed form via fax to: 212-406-6934 or email to [mashgiach@torah-umesorah.org](mailto:mashgiach@torah-umesorah.org).

*Thank You!*



**Registration Form- 2019-2020 Semester - Mechaneches Application**

**PERSONAL INFORMATION:** *(please print)*

Ms.  Mrs.  Rebbetzin \_\_\_\_\_  
First Name Last Name

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

(\_\_\_\_\_) \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Personal Email Address *(Almost all communication from our office will be via email.)* \_\_\_\_\_

Work Email Address *(Almost all communication from our office will be via email.)* \_\_\_\_\_

Do you get text messages on your cellphone?  Yes  No

Do you have access to internet (for possible online learning/ surveys, etc.)?  Yes  No

**SCHOOL/ JOB INFORMATION:** *(please print)*

Name of School \_\_\_\_\_

School Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

(\_\_\_\_\_) \_\_\_\_\_  
 School Phone & Your Extension # \_\_\_\_\_

Principal First Name \_\_\_\_\_ Last Name \_\_\_\_\_

(\_\_\_\_\_) \_\_\_\_\_  
 Principal Phone & Extension # \_\_\_\_\_ Principal Cell \_\_\_\_\_

Title and Description of Position \_\_\_\_\_ Years in this position: \_\_\_\_\_

[ ] Upon acceptance to the program, the school will pay the \$200 registration fee and pay the remainder of the \$1,000 USD course fee by December 31<sup>st</sup> along with a signed contract confirming my employment in the position of Mechaneches.

[ ] Enclosed is the Principal's letter of recommendation.

Please return completed form via fax to: 212-406-6934 or email to [mchaneches@torah-umesorah.org](mailto:mchaneches@torah-umesorah.org).

*Thank You!*